

Mira Costa Athletics COVID Testing Protocols

As of 09.01.21, LACDPH has released updated guidelines for athletics. Please refer to the following [document](#) for specific information. Below is information pertaining to COVID Testing for student-athletes and staff/coaches/volunteers.

- All **unvaccinated** competing, student-athletes and staff/coaches/volunteers are required to be tested at minimum, **once a week**. Unvaccinated Athletes, who are practicing, are strongly encouraged to test weekly.
- Fully Vaccinated student/athletes** must submit their vaccination status to the following [FORM](#) to not be included in weekly COVID testing. Keep in mind, the submission form needs to be accessed using your student's MBUSDAPPS account for security reasons.
- Fully Vaccinated staff/coaches/volunteers** must submit their vaccination status documentation in an email to vaccination@mbusd.org to not be included in weekly COVID testing. Students - DO NOT SEND your vaccination cards to this email address. It will not be valid. Please use the form for students only.

Type of Test

Free, molecular, rapid swab test. Results in 20 minutes.

Schedule and Location

Date/Time: Wednesdays between 2:00pm-5:00pm

Location: South Bay Adult School Office (East of MCHS Cafeteria) [MAP](#)

Sign-Up Required

- Consent Form: To be submitted by student-athletes and staff. Once a consent form has been completed, you will not need to resubmit a new one for the following weeks. This consent will be on file for the duration of the school year for Beach Cities Health District.
- Online Consent and sign up form is available [\[HERE\]](#).

Results

Parents will receive test results in the email provided in sign-up.

- If patient tests POSITIVE - Beach Cities Health will notify patient and school. Patient will be asked to get retested with a PCR test. Patient should not return to campus and/or activity until clearance from school Nurse/Administration.
- If patient tests INCONCLUSIVE - Beach Cities Health will notify patient and school. Patient will be asked to get retested with a PCR test.

